

A Clearer Path Forward.

Compassionate, evidence-based
outpatient treatment for mental health
and substance use.



SUPPORT | HEAL | RECOVER | THRIVE



Mental Health PHP & IOP

Support for depression,
anxiety, trauma, mood
disorders and more.



Substance Use PHP & IOP

Comprehensive treatment
for alcohol, opioid, stimulant
and other substance use
disorders.



Individual, Group & Family Therapy

Evidence-based care
to help you and your loved
ones grow stronger.



Psychiatric Services & Medication Management

Psychiatric evaluation and
medication management.

*Real People.
Brighter Futures.*



1333 Corporate Drive
Ste. 318
Irving, TX 75038



(214) 919-0305



www.truenorthbhc.com



*"Sometimes the bravest
thing you can do is
ask for help."*

YOU DON'T HAVE TO
DO THIS ALONE.

Why Choose TrueNorth?



Experienced Clinical Team

Qualified behavioral health professionals



Individualized Treatment Plans

Care designed around your unique needs and goals.



Flexible Scheduling

Programming built around real-life commitments.



A Comfortable, Modern Environment

A supportive space for healing and growth.



Focus on Long-Term Success

Continuity of care to help you keep moving
forward.

Who We Help

- Adults 18 and older
- Professionals and executives
- Individuals with co-occurring
mental health and substance
use concerns
- Families and loved ones
- Employees and EAP referrals
- Individuals transitioning from
a higher level of care



A STRONGER
YOU



HEALTHIER
RELATIONSHIPS



A BRIGHTER
TOMORROW

GET STARTED TODAY



Call Us
(214) 919-0305



Visit Our Website
truenorthbhc.com



Make a Referral
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VISIT OUR WEBSITE